

WEEKLY AND DAILY ACTIVITIES

<u>ACTIVITY</u>	<u>DAY</u>	<u>TIME</u>
CREATIVE MOVEMENT	MONDAY'S	10:00-11:00AM
CURRENT EVENTS WITH MICHAEL	DAILY	8:15 - 10:00AM
MUSIC RELAXATION WITH LEROY	DAILY	8:15 - 10:00AM
MORNING MEETING WITH ANJANI	DAILY	8:15 - 10:00AM
EXERCISE WITH JEWEL & HEALTH PRESENTATION	TUESDAY'S	10:00 - 11:00 AM
MEN'S DISCUSSION GROUP WITH MICHAEL	THURSDAYS	10:00-11:00AM
PSYCHIATRIC CLINIC	FRIDAY'S	FRIDAY'S
DOMINOES	DAILY	
SMOKING CESSATION	MONDAY'S	12PM
"THE BASICS" COMPUTER CLASS	TUESDAY'S	10AM
Wii GAMES	WEDNESDAYS	12PM

FEBRUARY EVENTS

RUBIN MUSEUM OF ART	MONDAY 6
LADIES HATS FASHION SHOW	THURSDAY 9
HEALTH FIRST WITH LINWOOD PEARL	FRIDAY 10
MR & MRS. VALENTINES DAY	TUESDAY 14
PRESIDENT DAY CENTER CLOSED	MONDAY 20
Wii TOURNAMENT	MONDAY 23
DAYTOP VILLAGE-SUBSTANCE ABUSE	FIRDAY 24
DOMINO TOURNAMENT	FRIDAY 27
NUTRITION	MONDAY 29
FEBRUARY BIRTHDAYS	TUESDAY 28



FRIENDSHIP CENTERS' BIRTHDAY ACKNOWLEDGEMENT

TUESDAY FEBRUARY 28

CARRI MADISON 2/12

VIOLET MORGAN 2/24

MONTHLY CALENDAR February 2012

FRIENDSHIP CENTER

92-33 170TH STREET JAMAICA , NEW YORK 11433









STEPHANIE ZEVON – DIRECTOR– EXT. 540
 MARILYN WALTERS– ADMINISTRATIVE MANAGER– EXT. 512
 RENEE NICHOLSON—SOCIAL WORK DEPARTMENT– EXT. 544
 LEROY DYER PROGRAM CO-ORDINATOR – EXT. 543

THIS PROJECT IS A PROGRAM FUNDED THROUGH
 THE NYC DEPARTMENT FOR THE AGING, TITLE III-C
 NYC DEPARTMENT OF MENTAL HEALTH & HYGIENE
 ACTIVITIES ARE PLANNED TO STIMULATE AND ENHANCE PERCEPTION, AWARENESS AND
 FUNCTIONAL ABILITY IN OLDER ADULTS WHO ARE UNABLE TO PARTICIPATE IN THE USUAL SENIOR
 CENTER SETTING.

FEBRUARY 2012

FRIENDSHIP CENTER
 92-33 170TH STREET, JAMAICA, NY 11433-(718) 657-6512
 STEPHANIE ZEYON, DIRECTOR – LEROY DYER, PROGRAM SUPERVISOR

PSYCHIATRIC CLINIC FRIDAYS

Mon	Tue	Wed	Thu	Fri
		<p>1 <u>AM:</u> VOLLEY BALL SHOPPING BLOOD PRESSURE L-O-V-E THRU ART <u>PM:</u> WII GAMES ART - DEPICTED CURRENT EVENTS</p>	<p>2 <u>AM:</u> GOOD GROOMING MEN'S GROUP FAMILY THRU ART MUSIC & MOVEMENT <u>PM:</u> FAMILY THRU ART</p>	<p>3 <u>AM:</u> CURRENT EVENTS UNDERSTANDING YOUR MEDS PRESENTATION BLACK HISTORY CRAFT <u>PM:</u> BINGO BLACK HISTORY CRAFT DOMINO PRACTICE</p>
<p>6  RUBIN MUSEUM OF ART</p>	<p>7 <u>AM:</u> EXERCISE LIFE STORIES ARTS & CRAFTS <u>PM:</u> CURRENT EVENTS ARTS & CRAFTS</p>	<p>8 <u>AM:</u> VOLLEY BALL SHOPPING BLOOD PRESSURE <u>PM:</u> WII GAMES L-O-V-E THRU ART</p>	<p>9  LADIES HATS FASHION SHOW <i>DESIGNER ZELITA DUNBAR</i> FREE LADIES HATS RAFFLE</p>	<p>10 <u>AM:</u> BINGO BREATHING TECHNIQUE WORD GAME ARTS & CRAFTS <u>PM:</u> HEALTH FIRST –LINWOOD PEARL</p>
<p>13 <u>AM:</u> STROLLERS L-O-V-E THRU ART <u>PM:</u> CREATIVE MOVEMENT L-O-V-E THRU ART CURRENT</p>	<p>14  CROWNING OF FRIENDSHIP MR. & MRS. VALENTINE'S DAY</p>	<p>15 <u>AM:</u> VOLLEY BALL SHOPPING BLOOD PRESSURE LEGENDS THRU ARTS <u>PM:</u> WII GAMES ART - DEPICTED CURRENT EVENTS</p>	<p>16 <u>AM:</u> MEN'S GROUP MUSIC & MOVEMENT BLACK HISTORY ART <u>PM:</u> TRIVIA BLACK HISTORY ART NAME THAT TUNE</p>	<p>17 <u>AM:</u> WHO IS THE MYSTERY PERSON ART THERAPY DOMINO PRACTICE <u>PM:</u> BINGO NAME THAT TUNE</p>
<p>20  HAPPY PRESIDENTS' DAY CENTER CLOSED</p>	<p>21  CALYPSO CARNIVAL WITH JEWEL LET'S SOCA !!</p>	<p>22 <u>AM:</u> VOLLEY BALL SHOPPING BLOOD PRESSURE ART DEPICTED CURRENT EVENT <u>PM:</u> WII GAMES ART - DEPICTED CURRENT EVENTS</p>	<p>23 <u>AM:</u> MEN'S GROUP ARTS & CRAFT MUSIC & MOVEMENT <u>PM:</u> BLACK HISTORY ART SING-A-LONG GREAT BOOKS</p>	<p>24 <u>AM:</u> BINGO BAKE SALE ART THERAPY 1 <u>PM:</u> SUBSTANCE ABUSE PRESENTATION ART THERAPY 2</p>
<p>27 <u>AM:</u> STROLLERS BREATHING TECHNIQUE DOMINO TOURNMENT ART THERAPY 1 <u>PM:</u> CREATIVE MOVEMENT ART THERAPY 2</p>	<p>28  Happy Birthday! BLACK HISTORY CELEBRATION PRESENTATION</p>	<p>29 <u>AM:</u> VOLLEY BALL SHOPPING BLOOD PRESSURE ART & CRAFTS <u>PM:</u> WII TOURNMENT ARTS & CRAFTS</p>		