

# FEBRUARY Menu

**Jackson Center Offsite Meals : Served Monday-Friday 12N–1pm \$1.50**

INTERNATIONAL TOWERS: 90-20 170th Street, Jamaica, NY  
(All Meals served and enjoyed in Dining Room)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Grape Juice Low Sodium Glazed Ham Sweet Potatoes String Beans Apples	<b>2</b> Apple Juice BBQ Chicken Breast Rice Pinto Beans Tropical Fruit	<b>3</b> Blended Juice Breaded Tilapia Seasoned Potatoes Oriental Veggies Apricot Tidbits
<b>6</b> Pineapple Juice Turkey Burger w/ Onion Gravy Tater Tots String Beans Diced Pears	<b>7</b> Apple Juice Whiting Yellow Rice Spinach Mandarin Oranges	<b>8</b> Grape Juice Meatballs w/Brown Gravy White Rice Seasoned Kale Apples	<b>9</b> Apple Juice Garlic Baked Chicken Yams Tossed Salad Tropical Fruit Salad	<b>10</b> Orange Juice Baked Fish Whole White Potatoes Stir-Fry Veggies Pineapple Chunks
<b>13</b> Pineapple Juice Salisbury Steak w/ Onion Gravy Mashed Potatoes Broccoli Sliced Peaches	<b>14</b>  Grape Juice Chicken Cutlet White Rice Stir Fry Veggies  Fresh Oranges	<b>15</b> Orange Juice Meatballs w/Red Sauce Wide Noodles Green Beans Fresh Bananas	<b>16</b> Apple Juice Baked Chicken Rice and Peas Collard Greens Rice Pudding	<b>17</b> Blended Juice Breaded Fish Oven Baked Fries Sliced Carrots Jell-O w/Fruit
<b>20</b> <b>WE ARE CLOSED</b>  <b>PRESIDENTS' DAY OBSERVANCE</b>	<b>21</b> Apple Juice Chopped Steak w/ Onions Mashed Potatoes Spinach Mixed Fruit Salad	<b>22</b> Pineapple Juice Baked Eggplant Wide Noodles Slice Carrots Mandarin Oranges	<b>23</b> Orange Juice Baked Chicken Rice and Pigeon Peas Collard Greens Fresh Bananas	<b>24</b> Apple Juice Baked Fish Oven Baked Fries Green Beans Diced Pears
<b>27</b> Pineapple Juice Beef Burger Whole White Potatoes Broccoli Orange	<b>28</b> Orange Juice BBQ Chicken Rice and Peas Collard Greens Fruit 	<b>29</b> Apple Juice Breaded Tilapia Pasta Tossed Salad Pineapple Tidbits		